

Liz Glencorse

Transitions Coach @ Transitions: Pathways to Change



As an ICF (International Coaching Federation) accredited Coach with expertise in transitions, I coach leaders, individuals, and groups in Business, the Third Sector, and Higher Education navigating their pathway through change and transition.

My coaching relationships are co-created through trust; evoking insight and awareness, embracing a growth mindset, utilising techniques for negotiating uncertainty, and unleashing creative and innovative potential. I offer the following key services among others:

- Coaching individuals through transitions
 - Facilitating Reflective Practice Sessions
 - Bespoke workshops for team development and strategic planning
- Group Coaching
 - 1:1 professional development coaching

Beginning the early part of my professional life in a therapeutic community in Oxford, benefiting deeply from working with Isabel Menzies-Lyth (<http://www.melanie-klein-trust.org.uk/writers/isabel-menzies-lyth/>) as my therapeutic supervisor, I have had the enormous privilege of serving others in both my early professional life and my subsequent experiences: these include developing employee assistance programmes; teaching post-graduate and Masters' students within the University of Edinburgh's Department of Counselling & Psychotherapy and facilitating leadership development groups at Edinburgh, Glasgow, Durham, and Newcastle Universities.

As a values led professional emphasizing human connection, currently I have a particular interest in supporting organisations, groups, and leadership teams to develop coaching skills for meaningful conversations and the promotion of coaching cultures.

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'See, Believe, Feel the Power of Change'

