

PATRICK TOMLINSON

CV



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LinkedIn Profile -

https://www.linkedin.com/profile/view?id=43742456&trk=hb_tab_pro_top

Profile

Vastly experienced and accomplished development specialist to professionals and organizations providing services for children, young people and their families. Available internationally and can work via email, Skype, etc., as well as on site. Services have been provided in Australia, UK, Japan, Ireland, Romania, India and Portugal.

Specializing in the development of therapeutic models for foster care, residential care and education. I have worked internationally to develop acclaimed therapeutic models of care for children who are traumatized by abuse and neglect.

Experience spans from 1985, working as a strategic director, operational manager, team leader, therapeutic care worker, clinician, supervisor, development specialist, mentor and author.

Services are offered in the following areas:

- Development of therapeutic models for children and young people in residential and foster care. Including the development of assessment and planning models; research informed and outcomes based approaches
- Mentoring/coaching/supervision/consultancy - for directors/managers/therapists/carers, etc.
- Training, workshops and conference presentations
- Writing services for organizations and individuals – the publication of books, papers and the review/ writing of policy and practice documents
- Other services may be available on request.

Positions and Achievements

Patrick Tomlinson Associates (www.patricktomlinson.com)

Position: Director, Professional and Organization Development Specialist Aug 2008 – Present

Enabling development for professionals and organizations who provide services to vulnerable children and young people, with specific expertise in therapeutic models.

- **January 2008 - present** - Work with organizations in Australia, UK, Ireland, Japan and Portugal on the development of therapeutic models for foster and residential care. Models have achieved national and international acclaim.
- **2011** – Publication of co-authored book with the Lighthouse Foundation in Melbourne, Australia. The book has since been translated into Japanese. The model outlined in the book has been described in detail in the Lighthouse Therapeutic Family Model of Care, which has led to the transfer of the model to 3 new organisations, fulfilling the strategic aim of transferring the model across Australia. The model has been described as ‘the most clearly articulated model of Therapeutic Residential Care’ in Australia.
- **July 2012 – present** – International Practice Development Specialist – Lighthouse Institute (Melbourne, Australia). To support the expansion of the Lighthouse Therapeutic Family Model of Care in Australia and internationally.



- **2012 – present** – Owner of LinkedIn Professional Group, Therapeutic Residential and Foster Care for Traumatized Children, www.linkedin.com/groups/Therapeutic-Residential-Foster-Care-Traumatized-4428929?trk=my_groups-b-grp-v
- **2013 – present** – Full member and Senior Manager of APPCIOS, an English Charity promoting mental health in organizations.
- **March 2014 – present** – Commissioning Editor for ‘Right from the Start’, an English Charity promoting positive parenting through publication of resources.

SACCS (www.saccs.co.uk)

Jan 2002 – Aug 2008

SACCS is a UK national organization providing residential care and treatment for traumatized children and young people.

Positions: Director responsible for Operations, Strategic Development and Practice Development

With 3 other Directors and the CEO, I was responsible for running the organization (over 200 staff).

Achievements in this Post:

- Led the development of the SACCS Recovery Program – an integrated treatment program for traumatized children, based on the achievement of 24 outcomes.
- Responsible for the successful operation of 13 children’s homes and lead role in the creation of a new regional residential service.
- Led the development of a children’s assessment and planning format, which achieved national recognition.
- Led the development of an in-house training program for 150 staff, enabling University accredited qualifications from NVQ3, Foundation, BA and MA Degrees.
- Lead role in the creation of a new foster care service.
- Series Editor of five books on therapy, life story work, therapeutic parenting, foster care and assessment - published by Jessica Kingsley (2004 – 2008, www.jkp.com)

Young Options (www.youngoptions.co.uk)

Jun 2000 – Jan 2002

Young Options is a UK national organization providing residential care and education programs, for children who have emotional and behavior difficulties, autism and Asperger’s syndrome.

Position: Regional Director and Head of Therapy

Achievements in this Post:

- Created and established a new specialist residential program connected to a school for Autistic and Asperger’s Syndrome children.
- Project led the development of a new residential school for children with emotional and behavioral Difficulties, helping establish 2 new homes and school.
- Designed and implemented staff support systems, including supervision and training for over 60 staff.

The Cotswold Community

Nov 1985 - May 2000

The Cotswold Community was an internationally renowned residential therapeutic community and school providing long-term care, education and treatment for emotionally disturbed, deprived and abused boys.

Position: Assistant Principal, Staff Training and Development

1994 - May 2000

Achievements in this post:

- As part of the Senior Management Team led the Cotswold Community through six years of high placement occupancy, very low staff turnover, financial efficiency and positive outcomes for children and young people.
- Developed the in-house training program, gaining accreditation up to master's level.
- Re-organized staff selection and development - within two years, staff turnover improved by 60% and was maintained for the next four years.

Position: Home Manager, Residential Social Worker (Carer and Therapist)

1985 – 1994

Qualifications and Training

- Postgraduate Certificate in Strategic Social Care Leadership. Birmingham University (2007)
- Certificate of Professional Development (Merit), Social Care Institute of Excellence (2007)
- Managerial Assessment of Proficiency program – Advanced Award. Shropshire Chamber of Commerce (2004)
- MA Therapeutic Child Care (CCETSW Approved). Reading University (1996)
- Staff Selection and Development Training - In-Depth Psychodynamic Interviewing techniques and Psychometric exercises - the Defence Mechanism Test. (1996-2000 – Pintab Associates)
- B.Sc. (Hon), Social Administration. Loughborough University (1984)

Publications

- *Therapeutic Residential Care for Children and Young People: An Attachment and Trauma-informed Model for Practice*, Barton, S., Gonzalez, R. and Tomlinson, P. (2011, Book published by Jessica Kingsley. Also, translated into Japanese, 2013)
- *A Child's Journey to Recovery: Assessment and Planning in Work with Traumatized Children*, Tomlinson, P. And Philpot, T, (2007, Book published by Jessica Kingsley)
- *Therapeutic Approaches in Work with Traumatized Children and Young People – Theory and Practice* (2004, Book published by Jessica Kingsley)
- *Delivering Recovery for Traumatized Children* (Series Editor) – five book series covering: Life Story Work; Therapy; Therapeutic Parenting; Fostering; Assessment and Planning (2004-08, Books published by Jessica Kingsley)
- Numerous papers published in the *Therapeutic Communities Journal*, *The Journal of Social Work Practice* and other Journals in England, Japan and Romania.

Conferences, Training and Workshops

- Speaker and Keynote speaker at national and international conferences.
- 2012-2015 – speaking and training tours in Japan, Australia and Portugal.